

# Investigation of Some Biochemical Parameters in Sheep Naturally Infected with Cystic Echinococcosis

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#### ABSTRACT

This study was performed to reveal the changes in certain serum biochemical parameters in animals diagnosed with Cystic Echinococcosis. The material of the study consisted of 40 sheep aged 1-3, which were brought for slaughter from different animal farms of Siirt. Overall, 20 sheep which were determined to be healthy in physical examinations and had no pathological lesions in their internal organs were determined as the control group, while the remaining 20 sheep with cystic lesions in their lungs and livers which were protoscolex-positive formed the infected group. While no significant relevant difference between the K, Cl, Ca, Mg, GGT, ALT, ALB, TRIG and CHOL levels of health and infected animals (p>0.05), statistically meaningful changes in Na (p<0.01), TBIL (p<0.05), and TP and GLOB (p<0.001) levels and AST (p<0.001) activity were observed between the groups. As a result, it was determined that the changes in AST, total protein, globulin, and total bilirubin levels could be used as supportive laboratory analyzes in a determination of the prognosis of animals infected with Cystic Echinococcosus and of the physiopathologic alterations occurring in their livers.

#### **Research Article**

Article HistoryReceived: 20.02.2019Accepted: 23.05.2019

Keywords

Cyst hydatid Blood parameters Liver

Kist Hidatik ile Doğal Enfekte Koyunlarda Bazı Biyokimyasal Parametrelerin Araştırılması

#### ÖZET

Bu çalışmada, Kistik Ekinokokkozis tanısı konulan koyunlarda, bazı serum biyokimyasal parametrelerdeki değişimlerin araştırılması amaçlanmıştır. Çalışmanın materyalini Siirt ilindeki farklı işletmelerden kesime getirilen; 1-3 yaşlı 40 koyun oluşturdu. Yapılan organ muayenelerinde herhangi bir patolojik lezyon bulunmayan ve fiziki muayenede sağlıklı olduğu tespit edilen 20 adet koyun calışmanın kontrol grubunu, karaciğer ve akciğerlerinde kistik yapılar parazitolojik olarak incelenerek protoskoleks yönünden pozitif olan 20 adet koyun çalışmanın enfekte grubunu oluşturdu. Sağlıklı ve enfekte gruplar arasında K, Cl, Ca, Mg, GGT, ALT, ALB, TRIG ve CHOL düzeyleri bakımından istatistiksel olarak anlamlı bir fark tespit edilmezken (p>0.05), Na (p<0.01), TBIL (p<0.05), TP ve GLOB (p<0.001) seviyeleri ile AST (p<0.001) aktivitesi bakımından, gruplar arasındaki farkın anlamlı olduğu belirlendi. Sonuç olarak, AST, total protein, globülin ve total bilirubin düzeylerindeki değişimlerin, karaciğerde meydana gelen fizyopatolojik değişikliklerin tespit edilmesinde ve Kistik ekinokokkozis ile enfekte hayvanların prognozunun belirlenmesinde yardımcı laboratuvar analizleri olarak kullanılabileceği kanısına varılmıştır.

Araştırma Makalesi

Makale Tarihçesi Geliş Tarihi ÷ 20.03.2019

Kabul Tarihi ÷ 23.05.2019

Anahtar Kelimeler Kist hidatik Kan parametreleri Karaciğer

To Cite : İrak K, Çelik ÖY, Aslan Çelik B, Bolacalı M, Mert H, Mert N 2019. Investigation of Some Biochemical Parameters in Sheep Naturally Infected with Cystic Echinococcosis. KSU J. Agric Nat 22(6): 948-952. DOI: 10.18016/ksutarimdoga.vi.529603

# INTRODUCTION

Cystic echinococcosis is a zoonotic disease caused by the larvae of the *Echinococcus granulosus* (E. granulosus) infecting the intermediate hosts, and the disease represents a significant threat for human and animal health all around the globe (Yildiz and Gurcan, 2003; Hakverdi et al., 2008; Demir and Mor, 2011). The adults of *E. granulosus* live in the small intestines of the dogs and other canines that are the final hosts, while its larvae lives in various tissues and organs of humans and certain mammals, particularly in herbivores like sheep, goats, and cattle, which represent the intermediate hosts (Yildiz and Gurcan, 2003; Gicik et al., 2004; Gokcen et al., 2006; Hakverdi et al., 2008). The most important source of infection for humans and animals that are the intermediate hosts are the infected dogs. The vegetables, fruits, and drinking waters contaminated with the dog feces form the source of infection (Gokcen et al., 2006). The parasite is reported to be capable of settling into almost every organ, including lungs, kidneys, spleen, brain, and heart (Karaman et al., 2005).

Significant changes reportedly occur in blood parameters of animals exposed to the parasitic invasion (Mert et al., 2003; Ayaz et al., 2006; Sahin and Akgul, 2006; Tanritanir et al., 2009; Uslu et al., 2011). Parasitic infections seem to cause increased hepatic enzyme activity and decreased trace element levels by causing liver damage (Sahin and Akgul, 2006; Vengust et al., 2003). Some researchers report that investigating the hepatic enzyme activities and total bilirubin, protein, and albumin levels are helpful in the evaluation of the liver functions (Tennant and Center, 2008). Minerals, on the other hand, have an important role in maintaining normal physiological functions and organisms against protecting disease. These substances are found in the structure of cofactors that are necessary for enzymatic activity (Karagul, 2000).

Considering the relationship of the cystic echinococcosis with certain biochemical parameters, various studies were thus performed both in humans (Koltas et al., 2006; Ersavit et al., 2009; Kilic et al., 2010), sheep (Sagkan-Ozturk et al., 2015; Cinar et al., 2018; Irak et al., 2018) and cattle (Yarim et al., 2010, Heidarpour et al., 2013; Hanedan et al., 2015). The fact that clinical findings are not conclusive in cystic echinococcosis, and the parasitologic examinations being unable to provide specific results, makes the disease difficult to diagnose in intermediate hosts. The determination of blood parameters is further important as the rate of success in the treatment increases with early diagnosis of the disease (Kam, 2016).

The objective of this study, was to investigate the changes in certain serum biochemical parameters in sheep diagnosed with Cystic echinococcosis.

# MATERIALS and METHODS Study Area

Siirt province lays in the semi-arid climate region. The average highest and lowest temperatures range from 36.9 °C and 18.9 °C in summer and there are water shortages during the summer (Meteorology, 2018).

# Ethical Approval

All applicable international, national, and/or institutional guidelines for the care and use of animals were followed.

### Animal Material

Total of 40 sheep at the age of 1 to 3 years brought in for a slaughter from various establishments in the province of Siirt. The general health status of the sheep were examined physically and blood samples were collected. The organs of the animals were checked for cyst hydatid after the slaughter. 20 sheep which were found to be healthy in physical examinations and had no pathological lesions in their internal organs were determined as the control group, while the remaining 20 sheep with cystic lesions in their lungs and livers which were protoscolex-positive formed the test group. The blood samples collected into anticoagulant-free test tubes were kept in room temperature for 30 minutes and then centrifuged in 3000 rpm for 10 minutes. The analyses of Sodium (Na), Potassium (K), Chloride (CI), Calcium (Ca), Magnesium (Mg), Gamma-Glutamyl Transferase (GGT) Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Total bilirubin (TBIL), Total protein (Tp), Albumin (Alb), Globulin (GLOB), Triglyceride (TRIG), Cholesterol (CHOL) were performed using an ADVIA 1800 brand autoanalyzer device.

### Statistical Analysis

SPSS 16.0 Windows program (SPSS Inc., Chicago, IL) was used for statistical analysis of the data. Independent t-test was used when differences between groups were determined and the results were given as mean  $\pm$  SEM (Standard Error of Mean). P<0.05 was considered statistically significant.

### **RESULTS and DISCUSSION**

The analysis results for certain biochemical parameters of the healthy animals in the control group and the animals in the test group diagnosed with Cystic echinococcosis were given in Table 1. No statistical difference was observed between the K, Cl, Ca, Mg, GGT, ALT, ALB, TRIG, and CHOL levels between the groups (p>0.05), while the difference between the groups in terms of Na (p<0.01), TBIL (p<0.05), TP and GLOB (p<0.001) levels and AST (p<0.001) activity was found to be statistically significant (Table 1).

Parameters	Group	$Mean \pm SEM$	P Values
Na (mmol/L)	Infected	$153.05\pm0.69$	**
	Control	$150.25\pm0.59$	
K (mmol/L)	Infected	$5.43 \pm 0.15$	NS
	Control	$5.55\pm0.09$	
Cl (mmol/L)	Infected	$108.00\pm0.45$	NS
	Control	$107.05\pm0.27$	
Ca (mg\dL)	Infected	$9.88 \pm 0.08$	NS
	Control	$9.72 \pm 0.10$	
Mg (mg\dL)	Infected	$2.39 \pm 0.07$	NS
	Control	$2.40 \pm 0.07$	
GGT (U\L)	Infected	$60.25 \pm 3.11$	NS
	Control	$58.70 \pm 1.93$	
ALT (U\L)	Infected	$22.20 \pm 1.17$	NS
	Control	$19.70 \pm 1.27$	
AST (U\L)	Infected	$125.25 \pm 4.79$	***
	Control	$102.25 \pm 3.69$	
TBIL (mg\dL)	Infected	$0.13 \pm 0.01$	*
	Control	$0.10 \pm 0.01$	
TP (g/dL)	Infected	$7.94 \pm 0.14$	***
	Control	$6.94 \pm 0.15$	
ALB (g\dL)	Infected	$3.52 \pm 0.07$	NS
	Control	$3.50 \pm 0.06$	
GLOB (g\dL)	Infected	$4.42 \pm 0.17$	***
	Control	$3.44 \pm 0.17$	
TRIG (mg\dL)	Infected	$17.05 \pm 1.07$	NS
	Control	$18.35 \pm 1.17$	
CHOL	Infected	$59.50 \pm 2.38$	NS
(mg\dL)	Control	$57.70 \pm 2.55$	

Table 1. The levels of certain biochemical parameters in infected and control group sheep

NS: non-significant (p>0.05), \*: p<0.05, \*\*: p<0.01, \*\*\* p<0.001

Cystic echinococcosis is one of the significant parasitic zoonotic diseases that affect animals and humans alike (Demir and Mor, 2011). Besides the economic loss caused by the infection of the animals, the infection also represents a significant public health problem.

The disease is quite common in humans and animals in Turkey. Eastern, Southeastern, and Central Anatolia regions are the regions where the disease is most commonly encountered (Gicik *et al.*, 2004; Karaman *et al.*, 2005).

It has been reported that host biochemistry shows some alterations from normal physiology in animals with parasitic infections (Mert *et al.*, 2003; Ayaz *et al.*, 2006; Sahin and Akgul, 2006). Minerals have important roles in sustaining the normal physiological functions and protection of the organism against the disease. In studies conducted on parasite infested animals (Tanyuksel *et al.*, 1995; Deger *et al.*, 1997), changes in total serum protein levels, and the levels of certain vitamins, enzymes, and minerals were reported, while the parasitic diseases were reported to make infected animals susceptible to vitamin and mineral deficiencies.

A study conducted by Ayaz et al., (2006) found that there were some increases in some biochemical parameters including total protein, globulin, amylase, chlor, and vitamin B12 levels, and some decreases in albumin, magnesium, and phosphorus levels of sheep diagnosed with cyst hydatid (Ayaz *et al.*, 2006).

In the physiopathology of the liver, AST, ALT, ALP, GGT, CPK, bilirubin and albumin, globulin protein tests are important parameters (Comba et al., 2017). Increased AST activity in the serum is a sensitive marker of liver damage (Meyer and Harvey, 1998). ALT activity in pigs, horses, goats, sheep and cattle is not specific for the liver for having a diagnostic significance (Kramer and Hoffman, 1997). Tennant (1997) reported that the activity of ALT in liver is low and that serum ALT is not remarkably elevated during infection with F. hepatica. The high activity of GGT is found in the liver, kidneys, pancreas, intestine and the spleen. Maden *et al.* (2003) reported that GGT is an important marker in lambs.

In a study conducted by Cinar *et al.* (2018) indicated that there were greater AST (p<0.001), ALP (p<0.05), and total bilirubin (p<0.001) levels of sheep infected with the cyst compared to the control group. On the other hand, total protein (p<0.001) and Mg (p<0.05) levels were found to be lower. In a study conducted by Sagkan-Ozturk *et al.* (2015) reported that the total protein and albumin levels of animals with cyst hydatids in lungs and livers were found to be significantly higher compared to the healthy animals. Heidarpour *et al.* (2012) have determined that the AST, GGT, and bilirubin levels of the camels infected with Cystic echinococcosis were higher compared to the control group.

In this study, the increases detected in the AST activities and total bilirubin levels of the sheep with Cystic echinococcosis (Heidarpour et al., 2012; Cinar et al., 2018), and the increase in the total protein (Ayaz et al., 2006; Sagkan-Ozturk et al., 2015) and globulin levels (Ayaz et al., 2006) are consistent with the results of the aforementioned studies. Yuksek et al. (2007) report that the ALP and AST activities of sheep infected with endoparasites are higher compared to healthy animals and that the increase is caused by the necrosis or cholestasis of the hepatic cells. It is believed that the increase in AST activity and bilirubin levels might be due to necrosis and/or cholestasis of the hepatocytes, while the increase in total protein and globulin levels might be attributed to the deterioration of the protein metabolism.

### CONCLUSION

The results of the study indicate that the determination of the changes in AST, total protein, globulin and total bilirubin levels of the animals

infected with cystic echinococcosis could be used as assistive laboratory analyzes to determine the physiopathological changes in their livers and the prognosis of the diseased animals.

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